Fisher's Soil Formula:

2 litres sterilized clay loam (or organic top soil)

2 litres coarse vermiculite

2 litres perlite

2 litres fine chip charcoal

8 litres sphagnum peat moss (screened, or lumps broken up)

4 litres water

Chemicals: Mix together: 250 ml (1 cup) bone meal

250 ml (1 cup) powdered dolomite lime

15 ml (1 tablespoon) Fermate or Ferbam (fungicide)

It may be difficult to get the ingredients as listed. Make inquiries to a knowledgeable employee of your local garden centre if you have problems finding all the items you need.